

Monday Oct. 26th

9:00am - 10:30am	Jo Olson-Kennedy, MD	<u>Session Title</u> <ul style="list-style-type: none"> • Introduction to gender language • The gender dysphoria diagnosis in childhood • Gender identity development • 3 approaches to care
10:30am - 10:40am	Break	
10:40am - 11:40am	Darlene Tando, LCSW	<u>Parental Process</u> <ul style="list-style-type: none"> • Normalizing parental responses • Using empathy to understand dysphoria • Different factors that can affect parental understanding and acceptance <ul style="list-style-type: none"> ○ Personality and temperament ○ Parental attachment to gender, youth's age at disclosure
11:40am - 11:45am	Break	
11:45am - 1:00pm	Jo Olson-Kennedy, MD	<u>Puberty Blockers</u> <ul style="list-style-type: none"> • Phases of transitioning • Pubertal development • Puberty suppression; <ul style="list-style-type: none"> ○ GnRH analogs ○ Side effects ○ Mechanisms

Tuesday Oct. 28th

12:00pm – 1:10pm	Darlene Tando, LCSW	<u>Moving Away from the Distress Model</u> <ul style="list-style-type: none"> • Listening to kids’ assertions of identity • Challenging expectation of parents having to “prove” why they are affirming • Explore internalized vs. externalized distress • Q&A
1:10pm – 1:20pm	Break	
1:20pm – 2:30pm	Aydin Olson-Kennedy, LCSW	<u>Gender Dysphoria</u> <ul style="list-style-type: none"> • Gender identity development for post-pubertal individuals • How might dysphoria present clinically • Reframing the experience of gender dysphoria • Q&A
2:30pm – 2:40pm	Break	
2:40pm – 4:00pm	Jo Olson-Kennedy, MD	<u>Cross-sex hormones</u> <ul style="list-style-type: none"> • Adolescent brain development • Hormones • Non-binary youth • Q&A

Wednesday Oct. 28th

9:00am – 10:10am	Darlene Tando, LCSW	<u>Transition as an Intervention</u> <ul style="list-style-type: none"> • Knowing when to intervene • Responding to incongruence rather than distress • How to address the “big decision” concern • What to do when parents don’t agree on interventions • Q&A
10:10am - 11:30am	Darlene Tando, LCSW	<u>The Evolution of Youth’s Trans Identity</u> <ul style="list-style-type: none"> • How a youth’s understanding of gender, transition, and dysphoria are affected by developmental stages • Helping young children find language • Using “Informed Listening” on behalf of parents • Cisnormative childhood • Inverted dysphoria cycle • Q&A
11:30am - 11:40am	Break	
11:40pm - 1:00pm	Aydin Olson-Kennedy, LCSW	<u>Writing letters of recommendation</u> <ul style="list-style-type: none"> • Understanding the history to understand the present • Defining informed consent in the context of writing letters of support • The non-negotiables – what’s required, what’s not? • Letter examples • Case Examples